

Get Fit! Tullahoma Kickoff Meeting



Thursday, March 7, 2013
5:30 pm to 6:30 pm
DW Wilson Community Center

This meeting is the start of a community plan that encourages healthy lifestyles. Guest speakers include:

- Joe McKamey – Wellness Manager of Marcrom's Pharmacy and founder of the popular Lose-to-Win Weight loss program
- Julie Cottrell - Registered Dietician, Wellness Coach, Diabetes Educator and owner of RD4U (Registered Dietitian for you, rd4u.net)

We will then discuss strategies to encourage Tullahoma citizens to become more fit and healthy. Please bring your ideas and be a part of Get Fit! Tullahoma.

Winston Brooks 455-2648
WBrooks@tullahomtn.gov

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Lane Curlee, Mayor